

DRAWING

The drawings will be made in accordance with Rules 239 and 240. For the third distance only 24 Competitors will be admitted, see Rule 240, paragraph 5 b). For the last distance (5000 meters Ladies, 10000 meters Men) the number of Skaters to qualify will be 8, see Rule 240, paragraph 4 a).

ANTI-DOPING CONTROL

Anti-doping tests will be carried out in accordance with the valid ISU Anti-Doping Code (ISU Communications No. 1693, 1694, 1765 and 1766 or any further updates of these Communications).

LIABILITY

In accordance with the ISU General Regulations (Rule 119), the ISU, KNSB and the Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or loss of property or damage incurred in connection with this Championship. Each Member is solely responsible for providing insurance coverage thereto.

TRAINING TIMES

The speed skating track will be open for training for entered competitors from Monday January 7, 2013. Trial starts will be organized on Thursday January 10, 2013. Only accredited competitors, substitutes and team officials will be allowed to enter the ice-rink during the official training hours.

BOARD AND LODGING

The Organizing Committee will be responsible for expenses for board and lodging at the official hotel from lunch on Thursday January 10, 2013 until lunch on Monday January 14, 2013 (Rule 137 paragraphs 10 and 14) for all Competitors participating in the Championships and 1 team leader or coach for each ISU Member. Expenses of other Skaters and officials (i.e. coaches, other team staff members and accompanying persons) other than those mentioned above, and expenses before or after the period mentioned above, will be at their own expense.

Please make all hotel arrangements directly with Organizing Committee Thialf prior to Saturday January 5, 2013.

OFFICIAL HOTEL

The Organizing Committee will arrange hotel reservation for all Skaters and officials at the following hotels:

- Hotel Golden Tulip Tjaarda at Oranjewoud, phone +31(0) 513 433533, fax +31(0) 513 433599, e-mail: info@tjaarda.nl
- Fletcher Hotel De Heidehof at Heerenveen, phone +31(0) 513 630200, fax +31(0) 513 630201, e-mail: info@hotelheidehof.nl
- Hotel van der Valk at Wolvega, Phone +31(0) 561 692800, fax +31(0) 561 692805, e-mail: info@wolvega.valk.nl
- Holland Inn Hotel at Wolvega, Phone +31(0) 561 618847, fax +31(0) 561 618591, e-mail: hotelwolvega@gmail.com
- Huis ten Wolde at Steenwijk, phone +31(0) 521 535400, e-mail: info@huistenvolde.nl
- Hotel van der Valk at Sneek, phone +31(0) 515 481818, fax +31(0) 515 481808, e-mail: info@sneek.val.com
- Hampshire Hotel-de Eese at Steenwijk, phone +31(0) 521 511452, Fax +31(0) 521 511316, e-mail: info.eese@hampshire-hotels.com

Hotel prices:

Single room with full board for 1 person - € 62,50 to € 125,00

Double room with full board for 2 persons - € 125,00 to € 175,00

TRANSPORTATION

There is a direct railway connection from Amsterdam International Airport Schiphol to Heerenveen. Arriving at Heerenveen railway station, please call telephone number +31 (0) 513 637738 for transportation to the hotel. On request bus transportation from Schiphol Airport to Heerenveen can be arranged. For further information on this, please address the Organizing Committee. A shuttle bus service will be available for transportation between hotels and the ice rink from Monday January 7, 2013.

VISA REQUIREMENTS

A visitor visa may be required for participants and team officials. Please contact the KNSB if you need an invitation letter for the visa.

ORGANIZING COMMITTEE – ENTRIES AND INQUIRIES

All entries, hotel reservations and other inquiries should be addressed to the Organizing Committee or KNSB at the addresses below. For Media accreditation, please contact the below address as soon as possible.

Organizing Committee
P.O. Box 500
8440 AM HEERENVEEN
The Netherlands
phone: +31(0) 513 637730
fax: +31(0) 513 682007
e-mail: OC.Thialf@knsb.nl

KNSB
P.O. Box 1120
3800 BC AMERSFOORT
The Netherlands
phone: +31(0) 33 489 20 00
fax: +31(0) 33 462 08 23
e-mail: bondsbureau@knsb.nl

Media accreditation
Verrijn Stuartlaan 7
2288 EK RIJSWIJK
The Netherlands
phone +31(0) 70 41 63 898
fax: +31(0) 70 41 63 800
e-mail: info@nsp.nl

Results and other information from the competitions will be posted on the following website:
<http://schaatsen.nl/ec-heerenveen>



HEERENVEEN NETHERLANDS 11-13 JANUARY
-essent- ISU EUROPEAN SPEED SKATING CHAMPIONSHIPS 2013

Essent ISU European Speed Skating Championships Announcement

Friday 11 to Sunday 13 January 2013 – Thialf Heerenveen
Men and Women all distances

ISU

-essent-

Foto: Huup Smeep



Essent ISU European Speed Skating Championships Official Sponsors



On behalf of the KNSB, the Organizing Committee,
consisting of members of the board of directors
of the Royal Ice club Thialf at Heerenveen and representatives of the KNSB
we have the honour and pleasure to invite you to participate in the

ESSENT EUROPEAN SPEED SKATING CHAMPIONSHIPS® 2013

which will be held at the indoor ice-rink Thialf
in Heerenveen, the Netherlands on Friday, January 11,
Saturday, January 12 and Sunday, January 13, 2013.

PROGRAM:

| DATE | TIME | EVENT |
|----------------------|-------|--|
| Thursday, January 10 | 16.00 | Team Leaders Meeting, Ice Stadium Thialf |
| | 18.00 | Opening Draw, Ice Stadium Thialf |
| Friday, January 11 | 17.05 | Opening Ceremony on the ice |
| | 17.45 | 500 m. Men |
| | | 5.000 m. Men |
| | | Drawing for Saturday's distances |
| Saturday, January 12 | 14.15 | 500 m. Ladies |
| | | 1.500 m. Men |
| | | 3.000 m. Ladies |
| | | Drawing for Sunday's distances |
| Sunday, January 13 | 14.00 | 1.500 m. Ladies |
| | | 10.000 m. Men |
| | | 5.000 m. Ladies |
| | | Awarding Ceremony on the ice |

REGULATIONS

The Essent ISU European Speed Skating Championships 2013 will be held in accordance with the 2012 Regulations of the International Skating Union (ISU) and relevant ISU Communications, in particular ISU Communication No. 1754. Participation in the Championships is open to skaters who belong to a European ISU Member (Rule 130, paragraph 1) and who have met the qualification criteria according to Rule 208 and ISU Communication No. 1754. The results of the European Championships will determine the entry quotas for European ISU Members at the Essent ISU World Allround Speed Skating Championships 2013.

TRACK

The Ice Stadium Thialf is an indoor artificial ice rink with a standard track of 400 meters and inner and outer curves with radii of 26 and 30 meters respectively. The width of the inside training track is 4 meters.

TITLE AND AWARDS

The winners of the Championships are the Skaters with the lowest total of points after 4 distances have been completed (Rule 265, paragraph 2 and 268, paragraph 1). The winners will bear the title: "Lady European Speed Skating Champion for 2013" and "European Speed Skating Champion for 2013", respectively (Rule 133, paragraph a), and will each be awarded the ISU Championships gold medal. The Skaters placed second and third in the final classification after 4 distances will be awarded the ISU Championships silver and bronze medals, respectively. Prize money will be awarded according to ISU Communication No. 1509.

ENTRIES

Entries must be made only through the respective ISU Members using the official ISU entry forms (Rule 131, paragraph 1) according to ISU Regulations and ISU Communication No. 1754. Each European ISU Member may enter maximum 1 Lady and 1 Man, subject to achieved qualifying times as defined in ISU Communication No. 1754. According to ISU Communication No. 1751 and Rule 208, paragraph 5 c), the following ISU Members have the right to enter more than one Competitor:

| Ladies | | | |
|----------------|---------------|-------------|---------------|
| Austria | 2 competitors | Netherlands | 4 competitors |
| Belgium | 2 competitors | Norway | 3 competitors |
| Czech Republic | 3 competitors | Poland | 3 competitors |
| Germany | 3 competitors | Russia | 3 competitors |
| Men | | | |
| Austria | 2 competitors | Latvia | 2 competitors |
| Belgium | 2 competitors | Netherlands | 4 competitors |
| France | 2 competitors | Norway | 3 competitors |
| Germany | 2 competitors | Poland | 3 competitors |
| Italy | 2 competitors | Russia | 2 competitors |

Each ISU Member may enter substitutes corresponding with the number of ordinary entries.

The Preliminary entry with the number of Competitors & substitutes and the number of coaches and other team staff, as well as provisional names of the Competitors and team leader must be communicated to the Organizing Committee at the latest by **Monday December 24, 2012** (See Rule 208, paragraph 8).

Final entries including the names of the Competitors and available substitutes, as well as the names of the team leader, coaches and other team staff for whom an accreditation is required must reach the Organizing Committee by letter, fax or electronic mail at the latest by **12:00 noon (local time) on Tuesday January 8, 2013** (See Rule 208, paragraph 9).

Please note that for all persons entered by the Members the procedures regarding the Declaration for Competitors and Officials (all team Officials requiring an accreditation) entering ISU Events (Rule 131) as outlined in ISU Communication 1628 need to be strictly observed. For more details please refer to Rules 115, 131 and 208

CITIZENSHIP/RESIDENCE REQUIREMENTS AND CLEARANCE PROCEDURE

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 1420, all Skaters who do not have the nationality of the Member by which they have been entered or who, although having such nationality, have in the past represented another Member, must produce an ISU Clearance Certificate.