

Category	Distance	Number of skaters	Series x time	Time		Planning	
				comp	ice prep	start	end
Training (open to all skaters)					00:45	08:30	09:15
Ice preparation (race lanes)					00:15	09:15	09:30
Warm-up (skaters racing today)					00:53	09:30	10:23
Track preparation					00:07	10:23	10:30
Ice preparation (full)					00:30	10:30	11:00
Ladies	1000m	53	27 x 2'30	01:07		11:00	12:07
Ice prepartaion (race lanes)	Medal Ceremony 1000m Ladies				00:12	12:07	12:19
Men	1000m	49	25 x 2'30	01:02		12:19	13:22
Ice prepartaion (full)	Medal Ceremony 1000m Men				00:20	13:22	13:42
Ladies	3000m	43	11qt x 6'	01:06		13:42	14:48
Ice prepartaion (race lanes)	Medal Ceremon	y 3000m Ladies			00:12	14:48	15:00
Men	5000m	34	9qt x 8'30	01:16		15:00	16:16
	Medal Ceremony 5000m Men				00:08	16:16	16:24
	Medal Ceremony Allround Ladies and Men			00:20	16:24	16:44	
					 		
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SCHEDULE WITH ALL RESERVE

