

# TRAINING SESSIONS SCHEDULE



WORLD JUNIOR SPEED SKATING  
**CHAMPIONSHIPS**  
TOMASZÓW MAZOWIECKI  
FEBRUARY 21-23, 2020



DAY	FROM	UNTIL	REMARKS	DAY	FROM	UNTIL	REMARKS
<b>Monday, February 17</b>	<b>morning session</b>			<b>Friday, February 22</b>	<b>morning session</b>		
	11:00	11:45	All participants		08:30	09:15	Open session
	Ice preparation				Ice preparation		
	12:00	12:45	All participants		09:30	10:15	Participants only
	Ice preparation				Ice preparation		
	<b>afternoon session</b>				11:00 16:00 Start of Competition		
<b>Tuesday, February 18</b>	15:30	16:15	All participants	<b>Saturday, February 23</b>	<b>morning session</b>		
	Ice preparation				08:30	09:15	Open session
	16:30	17:15	All participants		Ice preparation		
	<b>morning session</b>				09:30	10:15	Participants only
	11:00	11:45	All participants		Ice preparation		
	Ice preparation				11:00	16:00	Start of Competition
<b>Wednesday, February 19</b>	12:00	12:45	All participants	<b>Sunday, February 23</b>	<b>morning session</b>		
	Ice preparation				10:30	11:15	Open session
	<b>afternoon session</b>				Ice preparation		
	15:30	16:15	All participants		11:30	12:15	Participants only
	Ice preparation				Ice preparation		
	16:30	17:15	All participants		13:00	16:30	Start of Competition
<b>Thursday, February 20</b>	<b>morning session</b>						
	11:00	11:45	All participants				
	Ice preparation						
	12:00	12:45	All participants				
	Ice preparation						
	<b>afternoon session</b>						
15:30	16:15	All participants					
Ice preparation							
16:30	17:15	All participants					



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