



ISU Covid-19 Guidelines

ISU Speed Skating Events 2021-22

ISU Short Track Speed Skating Events 2021-22

October 14, 2021

Version 1.0



OVERALL MEASURES



**WASH YOUR HANDS
THOROUGHLY.**



**COUGH AND SNEEZE INTO A
PAPER TISSUE OR THE CROOK OF
YOUR ARM.**



**STAY AT HOME OR HOTEL IF YOU
EXPERIENCE SYMPTOMS.**



**WEAR A FACE MASK. EXCEPTIONS
TO WEARING A MASK/ MOUTH-FACE
NOSE PROTECTION ARE OUTLINED
IN THE SECTION “FACE MASKS”.**



**AVOID SHAKING HANDS, HUGGING
OR KISSING.**



**NO LOUDLY ENCOURAGING, NO
SHOUTING, NO HIGH FIVES.**



**KEEP YOUR DISTANCE AS MUCH
AS POSSIBLE.**

OVERALL MEASURES

- The organization will provide sufficient hand sanitizers (hand-gel or similar based solutions as per World Health Organization requirements) at multiple locations at all official Event locations.
- There will be specific toilets made available for every target group within the venue. Everyone must adhere to this and therefore use their own toilet group.
- If a “Tracing-App” is available within the host country, the Event participants shall be made aware of it, informed where to download the App and offered help in case of need.
- The organization will take care of cleaning high touch areas frequently throughout the day and the general used facility areas at least twice a day. There will be sufficient waste bins placed.
- Individual working or sitting areas shall be cleaned before and after each individual usage by the individual themselves.
- The organization will set up clean-up and disinfection procedures for all team vehicles used in the event.
- The organization asks all persons attending this event to respect the following rules in the days prior to arrival in the bubble:
 - Please follow strictly all local public authorities guidelines regarding the restriction of the virus.
 - Please see if contact from 5 days prior to the arrival date can be avoided as much as possible. This goes for social contacts, bringing children to school, grocery shopping, etcetera..

TWO DIFFERENT LEVELS OF PERSONS ATTENDING THIS EVENT ARE IDENTIFIED:

LEVEL 1:

MANDATORY TO STAY IN OFFICIAL HOTELS

- Team members (athletes and staff)
- ISU Officials and ISU Media
- Doping Control Officers
- Local Officials in close contact with athletes & staff

LEVEL 2:

- Volunteers
- Local Officials not in close contact with athletes & staff
- Media
- OC staff
- Suppliers

No advertising marking is allowed on face masks. Face masks may display one (1) manufacturer trademark / identification of maximum 8 cm². In addition, ISU Member's name and/or abbreviation and/or national flag and/or Skater's name may be displayed on the face mask.



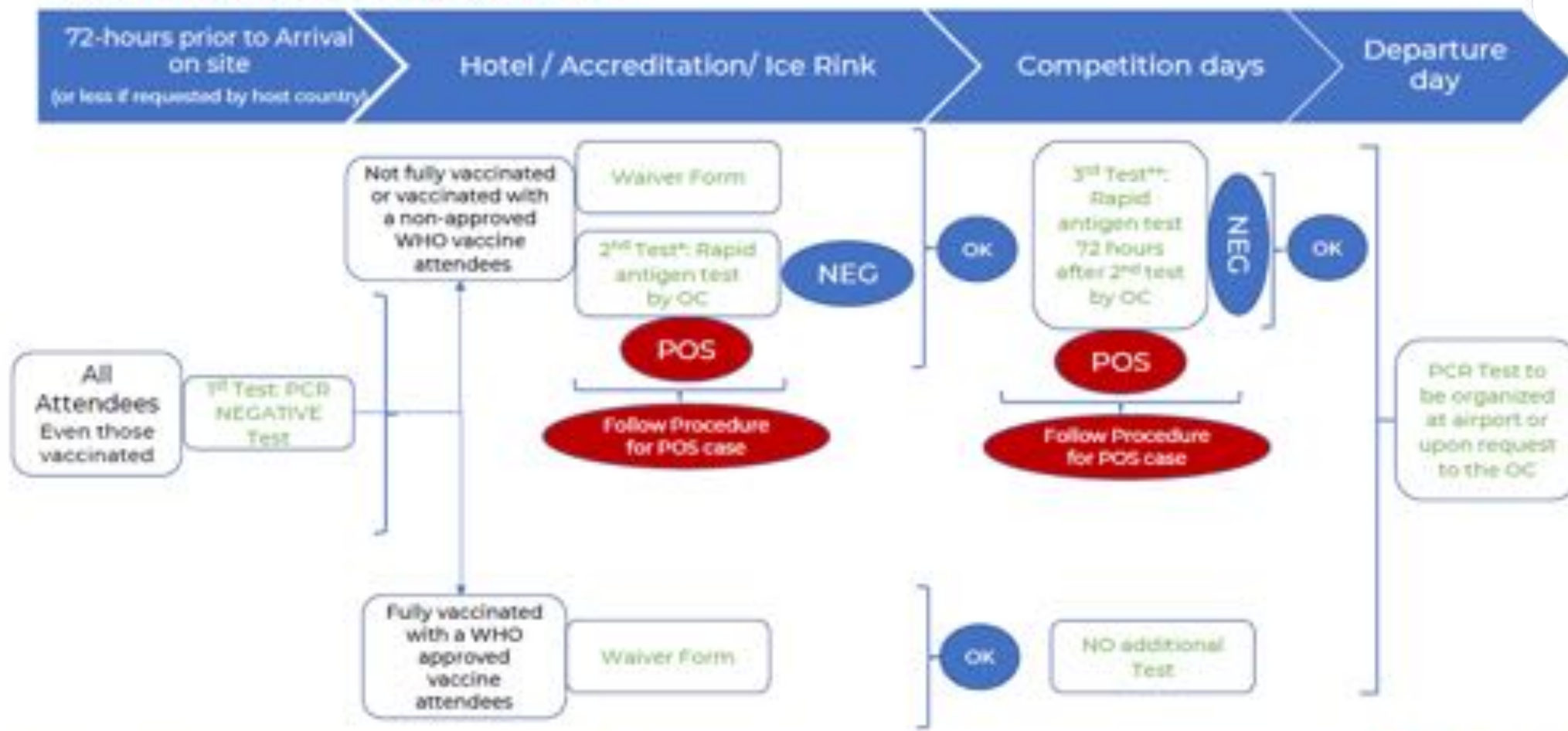
Every accredited person MUST wear a mask / mouth-face nose protection at any time in the official Event locations, which includes: Ice Rink(s), Official Transportation, Official Hotel(s).

Wearing face masks is mandatory for all persons present in the venue, **except**:

- For skaters while being on ice for training or competition;
- For skaters seated in the heatbox out;
- For skaters doing warming up, but only in the designated areas;
- For skaters in the mixed zone, but only if there is 1,5 meters in place;
- For all, while eating or drinking (preferably when seated);
- In the private environment of the hotel room;
- For ISU Officials while officiating on ice;
- For ISU Starters when officiating on the Starters' platform.

TESTING – OVERVIEW

ISU EVENT: COVID TESTING RESUME



OC Staff and volunteers:

*: 2nd Test 72-hours after 1st Test (PCR)

** : 3rd Test 72-hours after 2nd Test (Rapid antigen Test)

TEST POLICY - TEAMS

1ST TEST

Teams will have to submit a negative PCR test to the OC, before travelling to the host country. The test must have been conducted no more than 72-hours prior to the arrival in the host country when arriving by flight or no more than 72-hours prior to the arrival at the hotel when arriving by car.

2ND TEST

A rapid antigen test will be taken in the official hotel in case team members are not fully vaccinated or vaccinated with a non-approved WHO vaccine directly after arrival of the team. Skaters and Staff members will wait for the results before checking into the hotel. The costs of this test will be invoiced to the ISU. Team members need to inform the OC upon pre-entry about team members not being fully vaccinated or vaccinated with a non-approved WHO vaccine according to the ISU COVID Guidelines.

3RD TEST

According to the ISU COVID Guidelines, for all team members not fully vaccinated or vaccinated with a non-approved WHO vaccine, a rapid antigen test must be done 72-hours after the 2nd test.

The costs of this test will be invoiced to the ISU.

DEPARTURE TEST

If teams need a PCR or rapid antigen test to be able to travel back to the country of origin a team can register for a test through the OC (with pre-entry) or at the airport. The costs are for the respective teams and will be invoiced. A declaration of a negative test will be sent to the teams in order to be able to travel.

If any of your team member(s) have had a positive Covid-19 result in the past, you please shall bring their medical records. If a person tests positive in Tomaszów Mazowiecki but has already had Covid-19, a medical team will decide whether or not this person may compete.

CONSEQUENCES IF A TEAM MEMBER TESTS POSITIVE

1ST TEST

When a positive test result comes back from the PCR test taken in the country of origin, this person is not allowed to travel to host country.

We advise the teams to start an investigation of their own about the 'risk contacts' this person has had, in order to decide if the other (negative tested) team members are safe to travel. If a person is not authorized to attend the competition bubble, he/she may be replaced by another member of the team who will enter the competition bubble no later than set deadline.

2ND AND 3RD TEST

If any rapid antigen test is positive the person will be quarantined until the results of a follow up PCR test is completed.

If the PCR test returns positive as well and if there has not been a proven previous contamination this team member is quarantined in his/her hotel room immediately for a minimum of 5 days (without symptoms) or 10 days (with symptoms).

The team will identify and provide a list of all further 'risk contact' cases. All not fully vaccinated or vaccinated with a non-approved WHO vaccine persons identified as 'risk contacts' will be subject to quarantine for a minimum of 5 or 10 days following their last contact with the person.

Fully vaccinated with a WHO approved vaccine at risk contact person will be submitted to rapid antigen testing and has to closely monitor their health.

DEPARTURE TEST

If the test result of the departure test comes back positive, it will be managed the same as the 2nd or 3rd test for competition purpose.

The local public authorities will decide if and when the team member tested positive and close contact person will be allowed to travel back to the country of origin.

When a team member has a positive test result within 14 days after leaving the Competition Bubble, the team will immediately inform the ISU. The Team will identify and provide the ISU with a list of all 'risk contact' cases.

TEST POLICY – ISU OFFICIALS

1ST TEST

ISU Officials will have to submit a negative PCR test to the OC, before travelling to the host country.

The test must have been conducted no more than 72-hours prior to the arrival in the host country when arriving by flight or no more than 72-hours prior to the arrival at the hotel when arriving by car.

2ND TEST

A rapid antigen test will be taken in the official hotel in case ISU Officials are not fully vaccinated or vaccinated with a non-approved WHO vaccine directly after arrival of the ISU Officials. They will wait for the results before checking into the hotel.

The costs of this test will be invoiced to the ISU.

3RD TEST

According to the ISU COVID Guidelines, for not fully vaccinated or vaccinated with a non-approved WHO vaccine ISU Officials, a rapid antigen test must be done 72-hours after the 2nd test.

The costs of this test will be invoiced to the ISU.

DEPARTURE TEST

If an ISU Official need a PCR or rapid antigen test to be able to travel back to the country of origin the ISU Official can register for a test through the OC (as soon as possible).

The costs will be invoiced to the ISU. A declaration of a negative test will be sent to the ISU Official in order to be able to travel.

If an ISU Official has had a positive Covid-19 result in the past, they please shall bring their medical records. If an ISU Official tests positive in Tomaszów Mazowiecki but has already had Covid-19, a medical team will decide whether or not this person may be present at the event.

CONSEQUENCES IF ISU OFFICIAL TESTS POSITIVE

1ST TEST

When a positive test result comes back from the PCR test taken in the country of origin, the ISU Official is not allowed to travel to the host country.

If a person is not authorized to attend the competition bubble, he/she may be replaced by another ISU Official who will enter the competition bubble no later than set deadline.

2ND AND 3RD TEST

If any rapid antigen test is positive the person will be quarantined until the results of a follow up PCR test is completed.

If the PCR test returns positive as well and if there has not been a previous contamination the ISU Official is quarantined in his/her hotel room immediately for a minimum of 5 days (without symptoms) or 10 days (with symptoms).

The ISU Official will identify and provide a list of all further 'risk contact' cases. All not fully vaccinated or vaccinated with a non-approved WHO vaccine persons identified as 'risk contacts' will be subject to quarantine for a minimum of 5 or 10 days following their last contact with the person.

Fully vaccinated with a WHO approved vaccine at risk contact person will be submitted to rapid antigen testing and has to closely monitor their health.

DEPARTURE TEST

If the test result of the departure test comes back positive, it will be managed the same as the 2nd or 3rd test for competition purpose.

The public local authorities will decide if and when the ISU Official tested positive and close contact person will be allowed to travel back to the country of origin.

When an ISU Official has a positive test within 14 days after leaving the Competition Bubble, the Official will immediately inform the ISU. The Official will identify and provide the ISU with a list of all 'risk contact' cases.

TEST POLICY – OC STAFF AND VOLUNTEERS

1ST TEST

OC Staff and Volunteers will have to submit a negative PCR test to the OC, no more than 72 hours before accreditation / arriving to the Ice Rink.

2ND TEST

A rapid antigen test will be taken at the Accreditation / Ice Rink for OC Staff and Volunteers who are not fully vaccinated or vaccinated with a non-approved WHO vaccine 72 hours after First Test (PCR). They will wait for the results before entering the Ice Rink.

The costs of this test will be invoiced to the ISU.

3RD TEST

According to the ISU COVID Guidelines, for not fully vaccinated or vaccinated with a non-approved WHO vaccine OC Staff and Volunteers, a rapid antigen test must be done 72-hours after the 2nd test.

CONSEQUENCES IF OC STAFF OR VOLUNTEERS TESTS POSITIVE

1ST TEST

When a positive test result comes back from the PCR test taken by the OC Staff or Volunteer, he/she is not allowed to attend/ officiate at the Event and must follow the regulations of the local public authorities.

2ND TEST

If the rapid antigen test taken at the Ice Rink is positive the person will be quarantined at home until the results of a follow up PCR test is completed. If the PCR test returns positive as well, he/she must follow the regulations of the local public authorities.

This person will identify and provide a list of all further 'risk contact' cases. All not fully vaccinated or vaccinated with a non-approved WHO vaccine persons identified as 'risk contacts' will be subject to quarantine for a minimum of 5 or 10 days following their last contact with the person. Fully vaccinated with a WHO approved vaccine at risk contact person will be submitted to rapid antigen testing and has to closely monitor their health.

3RD TEST

The 3rd test, if positive will be managed the same as a positive 2nd Test..

When an OC STAFF or VOLUNTEER has a positive test within 14 days after the end of the Event, the person will immediately inform the OC and provide the OC with a list of all 'risk contact' cases.

TEST POLICY – PRESS & MEDIA



1ST TEST

Press or Media persons will have to submit a negative PCR test to the OC, before travelling to the host country. The test must have been conducted no more than 72-hours prior to the arrival in the host country when arriving by flight or no more than 72-hours prior to the arrival at the hotel when arriving by car.

2ND TEST

A rapid antigen test will be taken at the Hotel/ Accreditation / Ice Rink in case Press or Media persons are not fully vaccinated or vaccinated with a non-approved WHO vaccine. They will wait for the results before checking into the Hotel, entering the Ice Rink.

The costs of this test will be invoiced to the Press or Media concerned.

3RD TEST

According to the ISU COVID Guidelines, for not fully vaccinated or vaccinated with a non-approved WHO vaccine Press or Media persons, a rapid antigen test must be done 72-hours after the 2nd test.

The costs of this test will be invoiced to the Press or Media concerned.

DEPARTURE TEST

If a Press or Media person needs a PCR or rapid antigen test to be able to travel back to the country of origin, he/she can register for a test through the OC (as soon as possible) or at airport. The costs will be invoiced to the Press or Media concerned.

A declaration of a negative test will be sent to the Press or Media person in order to be able to travel.

CONSEQUENCES IF PRESS & MEDIA TESTS POSITIVE

It will be managed the same way as if an ISU Official tests positive, excepted costs of the Testing that will be charged to the Press or Media person.

When a Press or Media person has a positive test within 14 days after leaving the Event, the person will immediately inform the ISU Media dpt. The person will identify and provide the ISU with a list of all 'risk contact' cases.

PROTOCOL FOR EXPERIENCING SYMPTOMS

EXPERIENCE SYMPTOMS :

LEVEL 1:

A person (or his/her team) needs to report having symptoms to the OC. The person with symptoms must be separated and, if applicable, his/her room mate. The medical panel will assess the situation and may do extra testing (at the expenses of the team)

LEVEL 2:

A person needs to report having symptoms to the OC. The person will be sent home directly or will be told to not come and will have to undergo a PCR test through the local medical authorities. If there is a positive result, the OC must be informed.

When entering the Arena Lodowa, wearing a face mask for teams and ISU Officials is mandatory. Exceptions are mentioned earlier in this document. Spectators and VIP guests will be allowed in the venue if authorized by the local public authorities. Please take into account the team areas will not all be able to comply to the social distancing, so your face mask is important!

WARMING UP AREA:

1 warming up area will be provided in the upstairs dressing room area

DRESSING ROOMS:

There will be dressing rooms available in the ice rink (behind the heat box, in the corridor) and upstairs. The upstairs dressing rooms will be guided in the routing crossing public.

FOOD AND DRINKS:

Thursday and Friday there will be a large break in the program. Lunch will be provided in the hotels, transport will be arranged. There will be no athletes lounge at the venue.

STANDS:

There will be an athlete stands with limited capacity in the venue. Skaters are in any case required to leave the venue as soon as they have completed their last daily race.

HOTELS AND TRANSPORT

HOTEL:

- Persons in Level 1 are advised to only travel between ice rink and hotel.
- Groceries may be done, but we advise you to send 1 person and wear a face mask.
- Meals for teams and ISU Officials will be served in separate rooms, apart from other hotel guests.
- Hotel personal in closer contact with the teams will wear face masks.

Accreditation will be handed out in the official hotels when:

- Both 1st and (when applicable) 2nd test result have come back negative.
- The ISU Waiver has been handed in.

TRANSPORT:

- Face masks shall also be mandatory at all times in all vehicles (including cars and team buses) for teams and drivers.

APPLICATION OF THE REGULATIONS AND OBLIGATIONS

- All teams should have taken notice of the detailed information in the detailed protocols/health regulations:
- Each team must provide its skaters and staff with these health regulations and must ensure that those persons are fully informed of the requirements stated in the health regulations and ensure that those persons observe the requirements of the health regulations.
- Each team must allocate sufficient resources to cover the requirements stated in these health regulations, including the organization of prior tests (before travelling to the event) as described in these health regulations.
- Each team must continuously monitor and immediately inform the Medical Cell of the ISU if circumstances arise during the event that indicate that a person will not be able to be present. The team must then cooperate with the Medical cell of the ISU to deal with the situation and follow the communication guidelines of the ISU.
- The non-application of the measures and commitments may give rise to sanctions against the person(s) and/or team(s) held responsible. The ISU reserves the right to take more or less severe sanctions against the person(s) and/or team(s) held responsible, depending on the seriousness of the breaches observed and whether there were repeated breaches of regulations. Sanctions can range from a simple call to order, through a temporary withdrawal of accreditation, to the permanent withdrawal for the Event or withdrawal for the Season of a person's accreditation and possibly a fine.
- Any exception to the measures and rules stated in these health regulations must be validated by ISU, unless the observance of one of the measures or rules compromises the security or observance of transnational, national and local laws and regulations applicable to the ISU World Championships, including any laws and regulations related to COVID-19.
- These regulations and any claim or dispute arising from them will be exclusively governed by the local public authorities law and interpreted in accordance with it, without considering the principles of conflict of laws that may be imposed by another jurisdiction.

Thank you



ISU Medical
Commission

Additional COVID-19 information, Poland.

This document provides information and obligations of the Members taking part at the World Cup 1, November 12-14, 2021, Tomaszów Mazowiecki, Poland.

10 days prior to your arrival at the latest it is mandatory to send following information of all participants to the OC. It is necessary to issue a letter to exempt your team members from mandatory quarantine.

- Name, Given Name and middle name as in travel document
- Date of birth
- Travel document number (Passport, ID)*
- **Vaccination status and proof of vaccination**

**it is necessary to use the same document for travel and in above mentioned information for the OC. This document details will be included in proof of the PCR test before you travel for World Cup 2. Having two different documents might cause problems with identifying and matching the right person with the PCR test result.*

Prior to arrival in Poland the teams have to send the OC proof of a negative PCR test result. The test must have been conducted no more than 72 hours prior to the arrival in Poland:

- if you come by plane 72h count from the moment of conducting the test to moment of crossing the Polish border.
- if you come by car 72h count from the moment of conducting the test to moment of the arrival at the hotel.

Only after receiving a negative test result and having the letter from the OC Team members will be allowed to enter Poland without quarantine. Upon arrival at the hotel all non-vaccinated or not fully vaccinated people will undergo a rapid antigen test. **Only vaccines recognized by WHO will be respected.**

In case of COVID infection appropriate authorities must be notified by the OC. Quarantine procedures are as follows:

- person with positive PCR result but without symptoms must be isolated for the period of 10 days (at the cost of each member).
- person with positive PCR result and with symptoms must be examined by the doctor from the appropriate authorities and additional period of isolation and/or additional test can be prescribed.
- 10-day quarantine is also mandatory for all, who were in close contact* with infected person. This quarantine does not apply to fully vaccinated or recovered people. You may be released from this quarantine after presenting a negative PCR or antigen test result.

* Close contact means staying with the infected person in close proximity - at a distance of less than 2m, for more than 15 minutes. Close contact is for example shaking hand with infected person or contact with their secretions, i.e. exposure to coughing or touching a used tissue.

Cost of the tests will be as follows:

- Antigen test 33 euro,
- PCR test 75 euro.

According to the ISU COVID-19 Guidelines all teams are responsible for bearing cost of the PCR test prior to arrival in Poland and before leaving for World Cup 2.

Cost for the rapid Antigen tests conducted in Poland will be at cost of the ISU.

In addition to the information necessary for the letter of exempt please indicate whether your team will require a PCR test prior to departure from POLAND whether you travel directly to Norway or to the place of origin.